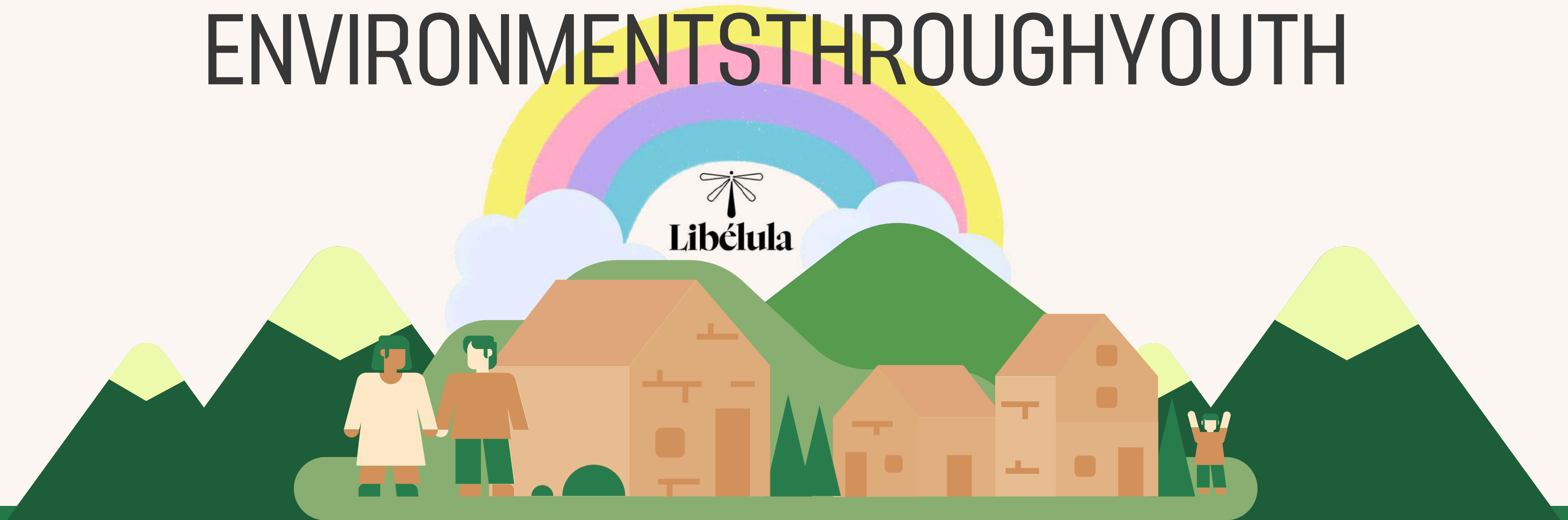


YOUTH EXCHANGE - 24th JUNE - 2ND JULY

RURAL & PLURAL RE-SIGNIFYING RURAL ENVIRONMENTS THROUGH YOUTH



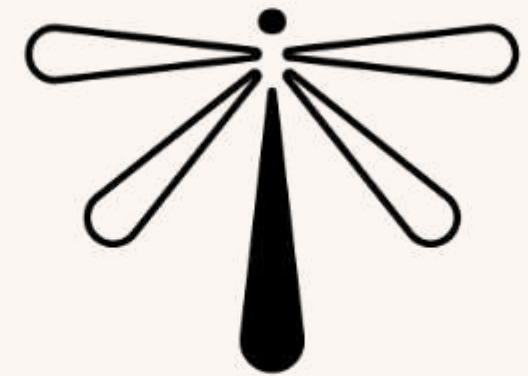


WHO ARE WE?

LaLibélula is an organization from Aragón (north of Spain) with the aim of empowering youth and culture in rural areas.

In order to achieve this, we focus on three main areas of action:

- Promoting diversity and inclusive societies.
- Encouraging intercultural exchange among people from rural areas.
- Providing artistic and cultural activities for the rural community.



Libélula

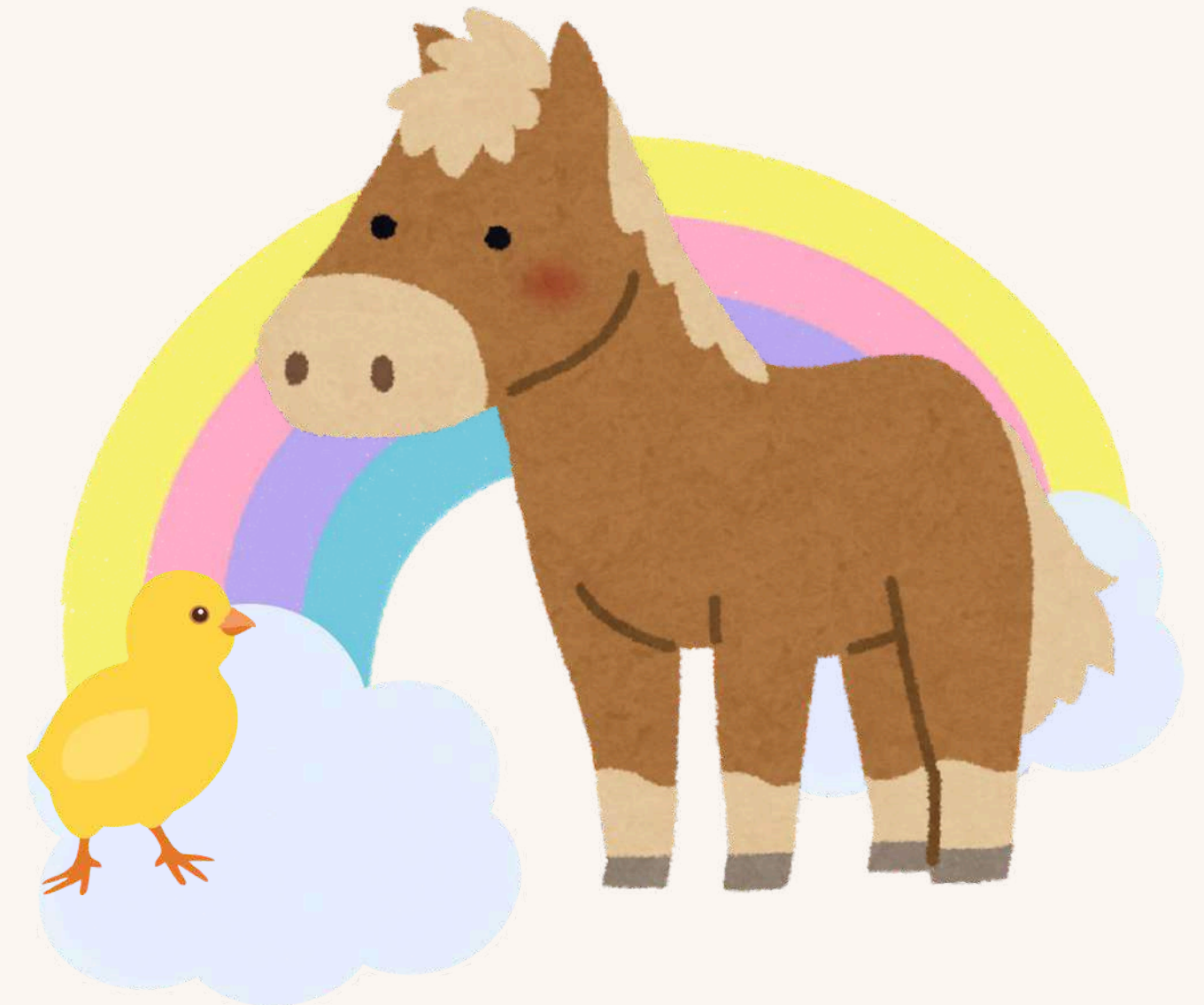
THE PROJECT



WHAT IS RURAL & PLURAL?

Rural & Plural is a Youth Exchange designed by and for youth from rural communities:

- It advocates for diversity in rural areas by redefining what is rural and the **plurality of identities** that inhabit rural environments nowadays.
- It aims to create **new networks of cooperation** among young people from rural environments.
- Lastly, it fosters to provide tools to encourage **active participation of young people** in the public life of their communities.



OBJECTIVES



01

To advocate for the plurality of identities that inhabit rural areas through visual arts and storytelling.

02

To create youth cooperation networks from rural areas to share and detect potential needs and opportunities for youth.

03

To promote active civic engagement among young people in rural areas.

**RE SIGNIFYING RURAL
IDENTITY: RURAL IS
YOUNG, RURAL IS
PLURAL**

**REFERENTS AND
IDENTITY
THROUGH
STORYTELLING
AND VISUAL ARTS**

**INTERCULTURAL EXCHANGE:
IDENTITY, TRADITIONS AND
SHARED EXPERIENCES**

KEY CONCEPTS

**NETWORKS OF
COOPERATION AND
INCLUSIVE SPACES IN
RURAL AREAS**

**LOCAL VISIT: GOOD
PRACTICES AND
INITIATIVES FROM RURAL
ORGANIZATIONS**

**IT'S UP TO YOU! NEXT
STEPS: ACTIVE
CITIZENSHIP FROM
YOUTH IN RURAL
ENVIRONMENTS**

PARTICIPANTS PROFILE

We are looking for **young people (18-25)** who currently live in rural areas, come **from a rural background**, or who have a **strong interest in learning more about rural realities**.

Applicants should be motivated to explore the main challenges and opportunities of rural environments, and to engage in meaningful dialogue about rural development, inclusion, and youth participation.xto

We are especially interested in participants who are willing to actively contribute their experiences, ideas and perspectives, and who are eager to take part in a co-creative process aimed at imagining and building a **more inclusive, dynamic and sustainable rural future**.

This project seeks to empower young people to strengthen their voice in rural communities and to become **active agents of positive social change**.



THE TEAM





Lucía
Project
coordinator

Raised in a small village in Aragón, in the north of Spain, I strongly believe in education and communication as tools for social change. That is what I love most about non-formal education: its ability to **connect people, create dialogue, and empower communities.**

La Libélula was created because we believe **young people** deserve more space and opportunities in rural areas, **and** that **rural territories deserve to have their own voice.** We strongly believe in the potential of rural communities to generate meaningful opportunities and a more inclusive and vibrant future.

Through initiatives like this one, we aim to strengthen youth participation and promote **intergenerational and intercultural dialogue.** Using arts and storytelling methodologies, we create safe and brave spaces for creativity, social awareness, critical thinking, empathy and resilience.



César
Facilitator

Since I was a child I have listened to the stories of how my ancestors struggled to provide support to their families in a territory that did not provide enough natural resources. Now, with the same childish curiosity, I lead Cascarrías, a project to preserve and **promote their valuable biocultural legacy in the form of stories, language or tradition** created by our ancestors in the South of Navarre.

I am a also PhD researcher analysing the socio-ecological impacts agricultural digitalisation. My work explores the **intersection of different knowledge systems, biodiversity** and public policy for a transition towards a **more inclusive, just and sustainable future.**

On a more personal level, I find peace and inspiration getting lost in the mountain with my camera or weaving traditional baskets.



Alex
Facilitator

I've **been a scout since I was 11** and that changed my whole perspective of the world. **Respecting nature and animals** is one of my biggest priorities in life, that's why I decided to stop eating animals many years ago.

I **studied Dietetics** to deepen my understanding of the way we eat, but currently I'm **working in the social field**. Besides from being a trainer and project writer, I also work as a monitor in a escape room.

My passion is art in all forms and shapes. I truly believe that **art can change people's view of the world** and that's why I've participated in many activist actions.



Javier

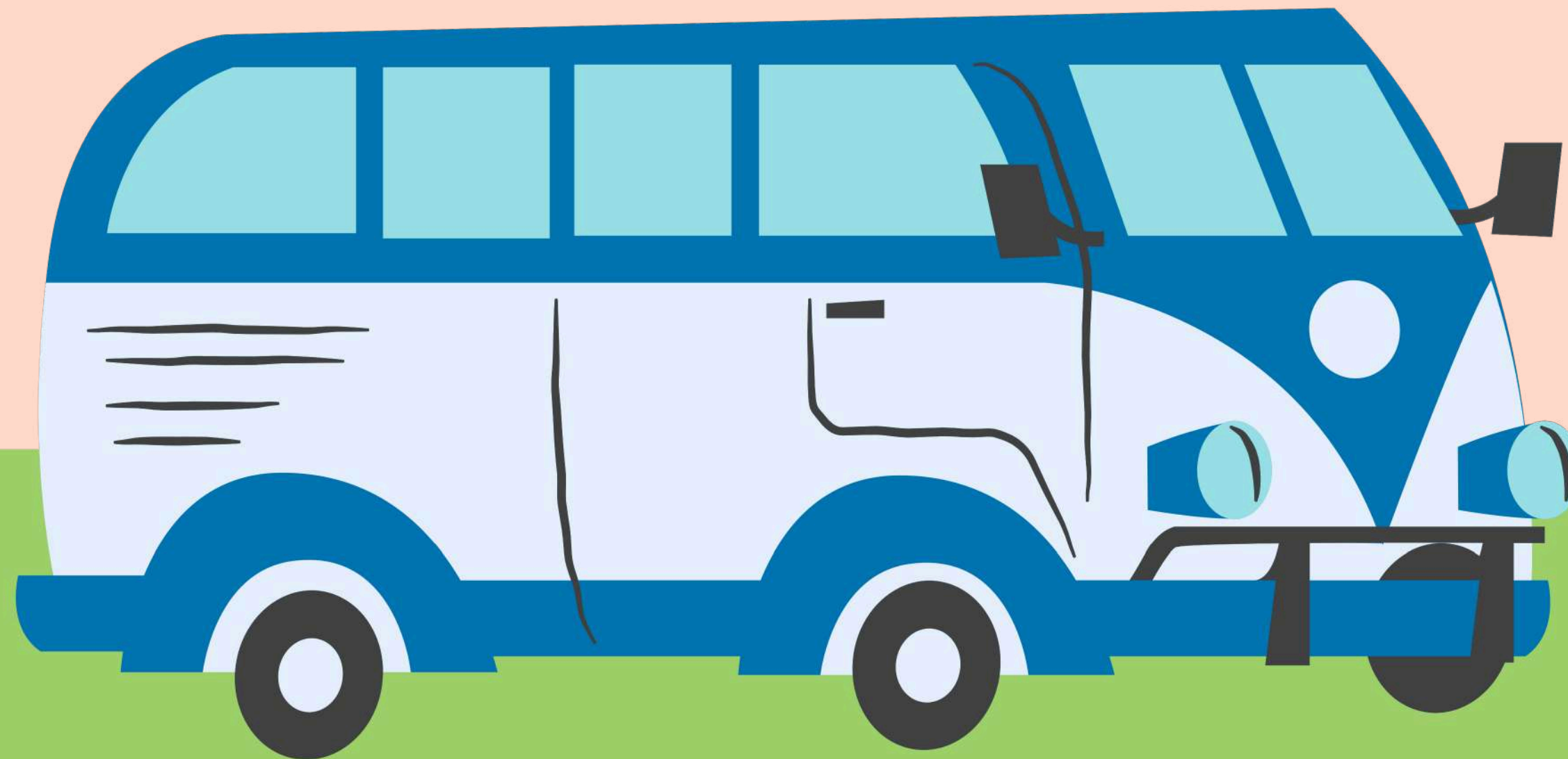
Logistics & Local
Community
Support

Born in Aragón, in the north of Spain, I grew up surrounded by rural life, which shaped my way of seeing the world: **practical, grounded, and community-driven.**

I work at the intersection of agriculture, education, and innovation. As an archaeologist and historian, I am especially interested in **the connection between past knowledge and present challenges.** From teaching digital skills and artificial intelligence to **sharing regenerative agricultural practices,** I focus on making knowledge simple, useful, and applicable. Living in Italy broadened my perspective on culture and land management, strengthening my belief in learning through exchange.

I am especially interested in the **future of rural areas,** exploring how tradition and new technologies can come together to create real opportunities for people and communities, and the motivation to create projects with a real and lasting impact.

PRACTICAL ARRANGEMENTS



VENUE AND LOGISTICS

The project will take place in **Obón, Teruel**, a village of 35 inhabitants in Aragón (northeastern Spain). This region is known for its depopulation issues and is part of the Martín River basin. The village is walking distance and has a bar and a small shop as only services available.





Participants will share rooms in large bedrooms for 10–20 people, sleeping in bunk beds, with plenty of natural light and views over the valley. There is also the option to camp in the house's huge gardens.

Meals will be homemade and prepared by Roberto, our wonderful cook, and Marta, the owner of the house and the bar.



Please, don't expect luxury in the accommodation. Participants will share indoor and outdoor bathrooms (space is limited indoors!). The area is not touristic and that's why we choose it: we want to show what rural means in the inner Spain.

The house also contains several outdoor areas to enjoy free time and is surrounded by an amazing nature, perfect for games, spontaneous walks and swimming in the river during the sunny and hot summer days.



TRAVEL REIMBURSEMENT

		Regular	Green Travel
North Macedonia	→	309€	417€
Slovakia	→	309€	417€
Poland	→	309€	417€
France	→	---	285€*
Italy	→	309€	417€
Spain	→	0 €*	0 €

*French participants are encourage to use green travelling as the transport by bus and train is plenty of options. Regarding Spain, the program is not providing budget for the tranportation, but if you're facing economical problems contact with us. We want our projects to be inclusive for everyone :)

HOW TO ARRIVE TO OUR VENUE

For arriving to Obón, **you will need to go first to Zaragoza**, which can be reach by plane (check the options, it's a small airport). You can also easily reach Zaragoza by train (1,5 - 2 hours) or by bus (cheaper option, 4 hours) from Barcelona and Madrid. For bus, check ALSA website. And for trains, we recommend RENFE and OUIGO.

*Participants from France are strongly encourage to come by green travelling by bus or train. There are plenty of options with Flixbus, Alsa and Renfe from several cities.

Once in Zaragoza, you will need to take a bus to Obón. Make sure to arrive to Zaragoza with time enough to reach your bus to Obón. **The last option on Thursdays is at 17 pm.** Here there's the schedule of the buses (if selected, we will send you more detailed information in the future).

T12-1		Utrillas - Zaragoza Zaragoza - Utrillas						
		LMXJV	LMXJV	LMXJV	LMXJV	SDF	SDF	SDF
●	Utrillas. C/ San Vicente de Paul	06:45	10:30	14:00	17:30	10:30	12:00	18:30
●	Montalbán	06:50	10:35	14:05	17:35	10:35	12:05	18:35
●	Armillas. Cruce	06:59	10:44	14:14	17:44	10:44	12:14	18:44
●	La Hoz de la Vieja	07:05	10:50	14:20	17:50	10:50	12:20	18:50
●	Cortes de Aragón. Carretera A-2514	07:11	10:56	14:26	17:56	10:56	12:26	18:56
●	Muniesa. Marquesina C/Los Muros 35	07:18	11:03	14:31	18:03	11:03	12:33	19:03
●	Lécera	07:39	11:24	14:52	18:24	11:24	12:54	19:24
●	Belchite. C/Mayor, 18	07:52	11:37	15:05	18:37	11:37	13:07	19:37
●	Belchite. C/Mayor, 78	07:52	11:37	15:05	18:37	11:37	13:07	19:37
●	El Burgo de Ebro	08:26	12:11	15:39	19:11	12:11	13:41	20:11
●	Cartuja Baja	08:34	12:19	15:47	19:19	12:19	13:49	20:19
●	Zaragoza. Av. Cesáreo Alierta, 95	08:43	12:27	15:55	19:27	12:27	13:57	20:27
●	Zaragoza. Av. Cesáreo Alierta, 15	08:45	12:28	15:56	19:28	12:28	13:58	20:28
●	Zaragoza. Estación Intermodal	08:55	12:38	16:06	19:38	12:38	14:08	20:38
		LMXJV	LMXJV	LMXJV	LMXJV	SDF	SDF	SDF
●	Zaragoza. Estación Intermodal	07:30	10:00	15:00	17:00	08:00	14:30	16:00
●	Zaragoza. Av. Cesáreo Alierta, 36	07:33	10:03	15:03	17:03	08:03	14:33	16:03
●	Zaragoza. Av. Cesáreo Alierta, 72	07:33	10:03	15:03	17:03	08:03	14:33	16:03
●	Cartuja Baja	07:39	10:09	15:09	17:09	08:09	14:39	16:09
●	El Burgo de Ebro	07:46	10:16	15:16	17:16	08:16	14:46	16:16
●	Belchite. C/Mayor, 78	08:19	10:49	15:49	17:49	08:49	15:19	16:49
●	Belchite. C/Mayor, 18	08:20	10:50	15:50	17:50	08:50	15:20	16:50
●	Lécera	08:33	11:03	16:03	18:03	09:03	15:33	17:03
●	Muniesa. Marquesina C/Los Muros 35	08:54	11:24	16:24	18:24	09:24	15:54	17:24
●	Cortes de Aragón. Carretera A-2514	09:01	11:31	16:31	18:31	09:31	16:01	17:31
●	La Hoz de la Vieja	09:07	11:37	16:37	18:37	09:37	16:07	17:37
●	Armillas. Cruce	09:13	11:43	16:43	18:43	09:43	16:13	17:43
●	Montalbán	09:22	11:52	16:52	18:52	09:52	16:22	17:52
●	Utrillas. C/ San Vicente de Paul	09:28	11:58	16:58	18:58	09:58	16:28	17:58

OUR PARTNERS

MIRKO MILESKI KICHEVO
(NORTH MACEDONIA)



CONCORDIA MIDI-
PYRÉNÈES (FRANCE)



SAPLING, O.Z.
(SLOVAKIA)



FUNDACJA DYPLOMACJI
PRZYSZŁOŚCI
(POLAND)



01 21 APS (ITALY)



WELCOME TO OUR ADVENTURE!

CLICKHERETOAPPLY

Do you have any question? Don't hesitate and
contact us by:

Instagram: @lalibelula.projects

Email: lalibelula.projects@gmail.com

